

# The Spiritual Art of Chinese Calligraphy and Tai Chi

## An Introduction Workshop

Time: 11:00 AM - 12:30 PM, Sunday, April 15, 2018

Location: Central Square, Cambridge (Email your RSVP for address: [yunqchisung@gmail.com](mailto:yunqchisung@gmail.com))

In the first 30 Minutes, Dr. Sung will introduce basic concepts of Tai Chi, and a one-simple-form of practice you can take home with you.

In next hour, Dr. Sung will introduce the basic knowledge of Chinese Calligraphy, and help every participants to practice based on her/his current level.

This event is sponsored by Yuan3 Chih4 Education, Inc., a not-for-profit organization to promote global education and health care ([www.Yuan3Chih4Edu.org](http://www.Yuan3Chih4Edu.org)).

For additional information, please contact: [yungchisung@gmail.com](mailto:yungchisung@gmail.com)

Previous workshop event pictures available at: <http://www.yuan3chih4edu.org/?p=692>



## **Instructor Biography –Yung-Chi Sung, Ph.D.**

Yung-Chi was born in Taipei, Taiwan. He grew up in a family of teachers. His father taught physics and mother taught Chinese literature. This may explain how and why he developed a mind that simultaneously admired arts and appreciated the sciences. He have a B.S. in Psychology from Soochow University in Taipei, an M.A. in Linguistics (with a minor in Cognitive Science), an M.A. in Educational Psychology (with a minor in Psychology), and a Ph.D. in Educational Psychology (with a concentration in Psychological Foundation, Learning, and Cognition, and a minor in Cognitive Science, Linguistics, Neuroscience, and Psychology) from University of Minnesota at Twin cities.

Yung-Chi was a research assistant at the Department of Psychology, National University, Taipei, Taiwan. In 1997, Yung-Chi went to University for graduate studies and was a research assistant and method/statistics consultant at University of Minnesota Medical School from 1998 to 2005.

Within that period of time, Yung-Chi served as the President of the Board of Directors, and was the Chair of Education and Community Development Committee, the Chair of Finance Operation Committee, and the Chair of Policy Committee for Chateau Student Housing Cooperative, a not-for-profit co-op providing affordable housing for students from diverse backgrounds, including US and international students.

After graduation, Yung-Chi started his career in US higher education as the Assistant Director of Outcomes Assessment at University of Maryland University College (UMUC) at Adelphi, Maryland from 2005 to 2008, where for one year he also taught Tai-Chi for stress relief as a diversity initiative. From 2008 to 2014, Yung-Chi was the Director of Evaluation and Assessment at the Tufts University School of Medicine, and Assistant Professor in the Department of Medicine. In 2015, Yung-Chi accepted the position as Director of Assessment, Evaluation, and Institutional Effectiveness at Northwestern Health Sciences University, a university aspiring to be a world-class health sciences university that educates students, practitioners, and leaders in health and wellness solutions to help people live healthier lives.

Yung-Chi considers himself as a long-term devoted educator. He has been an Adjunct Assistant Professor at UMUC since 2006, and was promoted to Adjunct Associate Professor in 2015. In addition, Yung-Chi has been an adjunct faculty for GCU since 2015. Yung-Chi is also an Associate Professor at NWHHSU. Yung-Chi likes to use his knowledge and skills to help students to complete their goals, including learning in a statistical course or writing a dissertation. In his spare time he enjoys reading, writing, dreaming, dancing (including argentine tango, salsa, and west coast swing), and occasionally playing poker (currently no-limit Texas Hold'em).